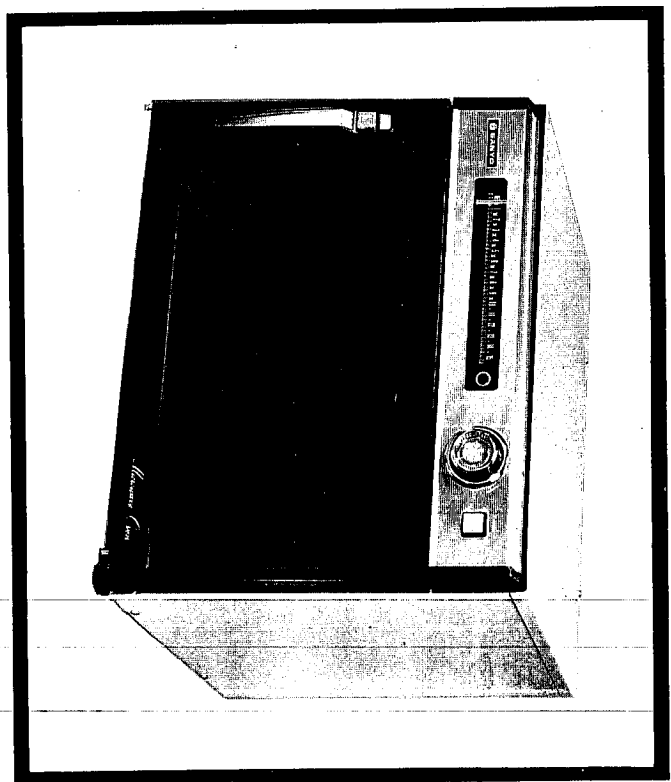




SANYO

EM 8200



**SANYO
MICROWAVE
OVEN
OPERATING
INSTRUCTIONS**

Read these instructions carefully before use.

If you follow the instructions, your Microwave Oven will serve you long and well.

How a microwave oven makes cooking faster, easier and much more enjoyable.

1. **A feast in minutes.**

High energy microwaves penetrate the food and cook it quickly, evenly and efficiently.

2. **Natural flavor.**

Microwave cooking preserves the natural taste and nutritive value of the food to a much higher degree than conventional cooking methods.

3. **Utensils.**

Glassware, earthenware, wooden bowls, paper containers and practically all utensils except metal ones are perfectly suitable for microwave cooking.

4. **Simplified operation.**

You are cooking by time, and not by heat. Simply set the timer and push the COOK button.

5. **Clean, cool operation.**

No smoke, no grease, no heat. Your kitchen stays cool and clean at all times.

6. **Perfect for defrosting and re-heating.**

When there is no time for natural thawing of frozen foods, your microwave oven can reduce the process to a matter of seconds. It defrosts all kinds of frozen foods and it reheats fast.

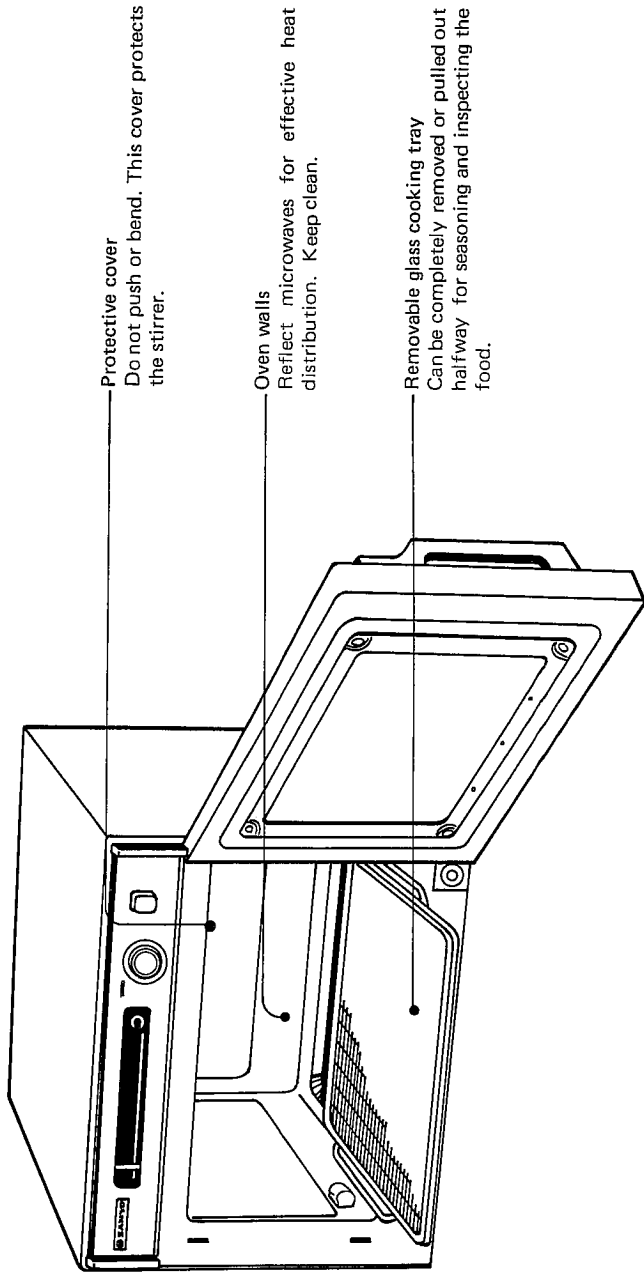
7. **Economical.**

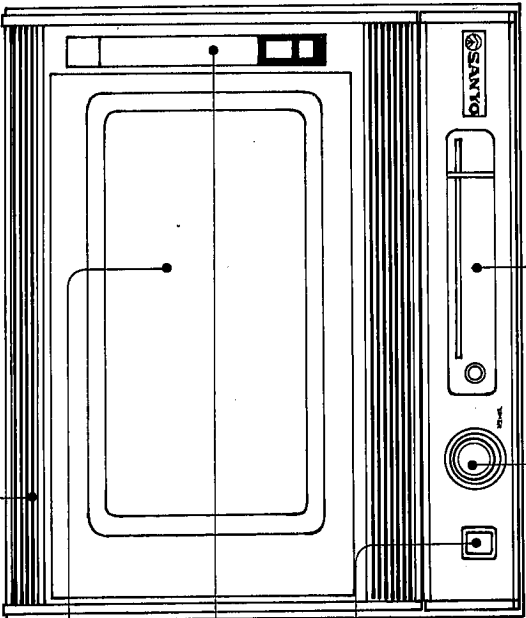
Since the required cooking time is extremely short, microwave cooking is more economical than conventional ovens.

The extra features of your Sanyo Microwave Oven.

1. **Compact, light weight, easy to move.**
Fits easily on a kitchen counter. Can be installed practically anywhere. Light enough to be moved to a summer house or seaside cottage.
2. **Five separate safety features.**
 - 1) Latch system: when the latch button is pushed, a built-in switch turns off the oven before the door is opened.
 - 2) Door switch: when the door is opened this switch automatically turns off the oven.
 - 3) Choke seal: a special seal around the door prevents radiation leakage from the oven.
 - 4) Radiation absorbent: this absorbent is made of durable ferrite rubber.
 - 5) Thermal limiter: When the temperature of the magnetron rises above the limit, this switch automatically turns off all radiation.
3. **Simplified cooking.**
Simply set the timer and push the COOK button. Your oven does the rest and a chime sounds when the food is ready.
4. **Special slide-out cooking tray.**
Can be pulled out halfway for seasoning and inspecting the food. Easy to remove; easy to put back.
5. **Stainless steel throughout.**
High grade stainless steel gives your oven that "just-like-new" look even after years of use.

If you know all about it, you'll enjoy it more.





Linear timer dial and pilot lamp
 Set to the desired time with the timer knob. The pilot lamp turns on while the oven is in operation.

Timer knob
 Can be set up to 15 minutes. Shut-off is automatic.

Cook button
 To begin cooking, push the COOK button after setting the timer.

Oven door handle, release button
 Push the release button to open the oven.

See-through window
 Double protection when inspecting the food.

Oven door
 Wide door for easy accessibility to food.

Something to remember.

An exhaust outlet is located in the rear of the oven and needs at least 6 inches of breathing space. Blocking the outlet can damage the oven.

No special electrical wiring is necessary. Simply connect the power cord to a nearby electrical outlet.

Taking care of your Microwave Oven.

Keep your oven clean at all times. The inside can be wiped with a paper towel or cloth dipped in a solution of warm water and a mild detergent.

Important: The unit should be regularly checked for external microwave radiation. Recommended 6-12 months intervals.

Usable cooking utensils.

1. Porcelain dishes may be used provided they contain no metal trim.
2. Glass dishes, especially ovenware, are ideal.
3. Plastic wrapping may also be used. However, urea, phenol and melamine resin utensils tend to absorb microwave energy and should be avoided.
4. Plain wooden dishes and bowls can be used. Avoid those coated with varnish, lacquerware, etc.
5. Paper dishes are fine.
6. We suggest avoiding all metal utensils. They reflect microwaves and can cause sparking. Ordinary dishes with metal trim or gold or silver pattern designs should also be avoided.
7. Since aluminum foil reflects microwaves, that part of the food covered by the foil will not be cooked. You can prepare TV dinners if you first open the cover of the container. Make sure that the container does not touch the walls of the oven when cooking.

A few other precautions.

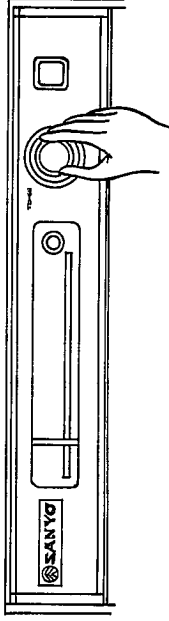
1. Do not operate the oven when it is empty. This will shorten the life of the magnetron. When cooking only small amounts of food or food with a low water content (e.g., bread, etc.), always place a glass of water inside the oven with the food. On such occasions, the glass cooking tray becomes hot. Do not touch it with your hands.
2. Do not clog or block the openings for the door latch or the door switch. This could damage the protective mechanism.
3. a) Do not use plastic film and aluminum foil together. If the plastic melts it becomes combustible and could be ignited by sparks from the aluminum foil.
b) Do not use metal foil with food that burns easily.
4. Open sealed foods or tightly packaged food to prevent bursting and to allow the air to circulate freely inside.
5. To avoid spoiling the taste of the food, it is advisable in the beginning to under-cook. Then, after testing, continue the cooking process. Turning the food while it is in the oven is also recommended for more even cooking.

How to play it safe with microwave cooking.

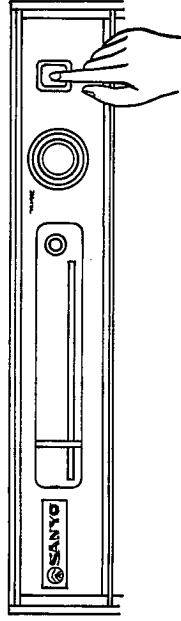
1. Never operate the oven with anything wedged between the door and the oven.
2. Do not operate the oven if any of the following conditions arise:
 - a) The door does not close firmly.
 - b) The hinges or door support break.
 - c) The door seal is damaged.
 - d) The door becomes bent or warped.
 - e) There is any other visible damage to the oven.
3. This oven should not be serviced anywhere except at an authorized Sanyo service center.
4. Do not attempt to operate the oven with the door open. To prevent this, two safety interlocks - the latch switch and the door switch - have been installed for your maximum safety.
5. Clean the door seal often. A build-up of grease or splattered food can reduce the tightness of the door seal.

How to operate your Microwave Oven.

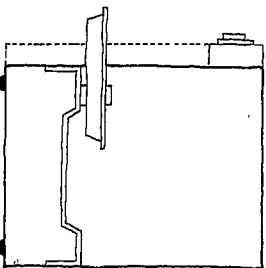
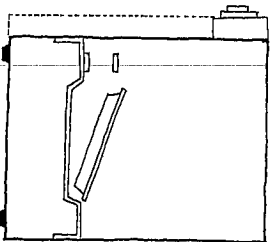
1. Connect the power cord to an electrical outlet.
2. After placing the food in a suitable receptacle, open the oven door and put it on the cooking tray.
3. Shut the oven door. Make sure that it is firmly closed.
4. Set the timer dial by turning the timer knob. When setting to less than 30 seconds, first set the pointer to a longer time, then return it to the desired reading.



5. Press the COOK button. This will light up the pilot lamp and start the cooking process.



6. When the cooking time is up, the timer pointer reads OFF, the chime rings and heating stops. Open the oven door and take out the food.
7. To turn off the oven during cooking, simply open the oven door or turn the timer to OFF. Cooking time can be reset at any time during the cooking operation by turning the timer knob.
8. After use, be sure to return the timer to OFF.
9. For completely removing the glass cooking tray, push it toward the back of the oven, raise it and lift it out. The glass cooking tray can also be pulled out like a drawer. Simply pull it toward you and it will hold and lock when it is about halfway out. Perfect for seasoning or inspecting the food.

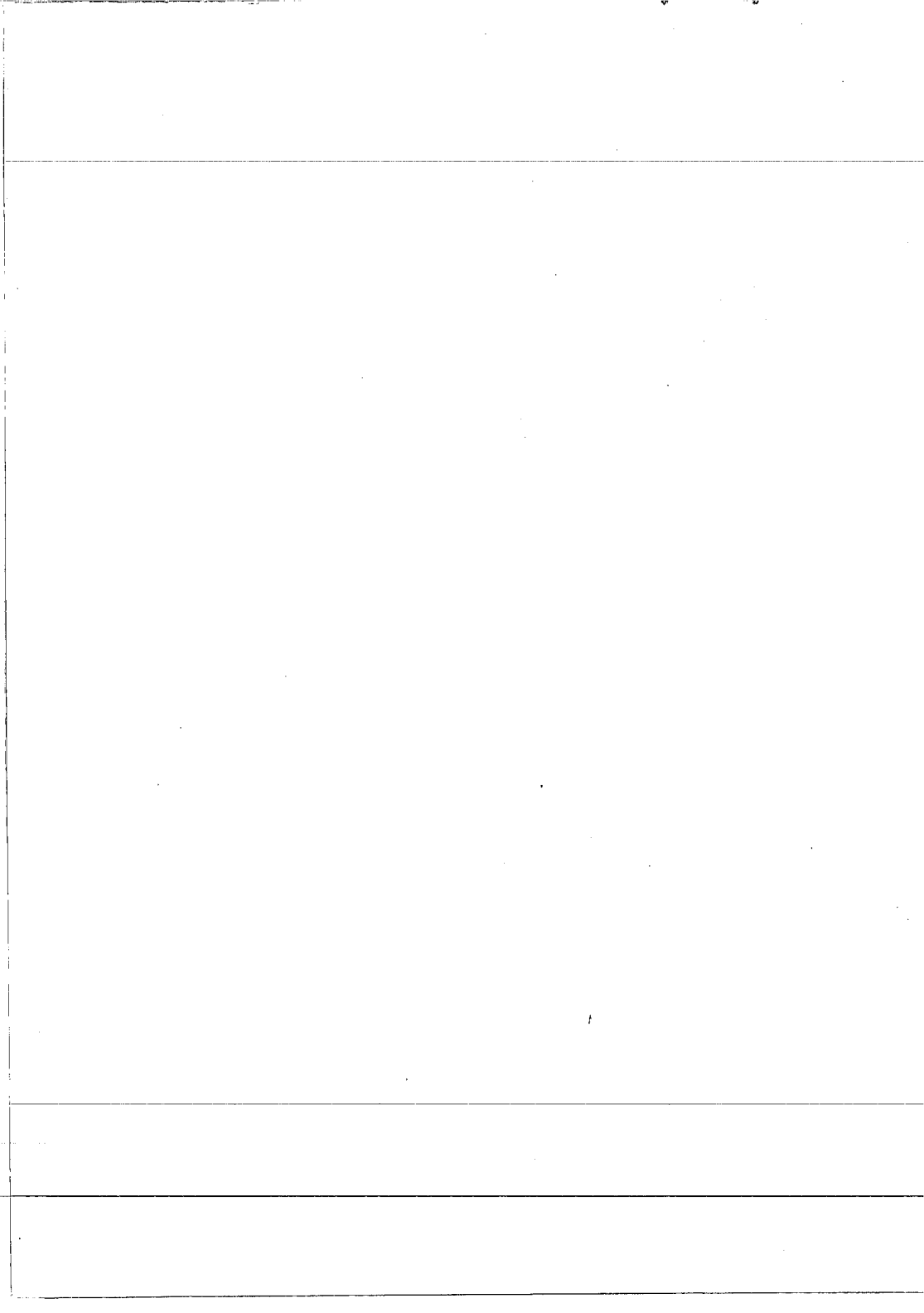


What to do if repairs are needed.

Get in contact with your nearest Sanyo dealer. On no account remove the outer cabinetry. Danger!

Make the following simple check-up before contacting the Sanyo dealer:

- If the interior lamp does not light when the COOK button is pressed:
 1. Make sure that the power cord is securely plugged in.
 2. Make sure that the door is properly closed.
 3. Make sure that the time is not set at OFF.
 4. Check the fuse or circuit breaker.
- If the lamp inside lights but the food is not heated:
 1. Make sure that the food is not completely covered with a metal container.
- Noisy operation:
 1. Make sure that sparks are not being produced due to the use of metal utensils.
 2. Make sure that the contents of the oven are not touching the protective cover.





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